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It is my great pleasure to write a contribution to this newsletter, having become **Chief Executive** of the **Hibiscus Hospice** and the **Northern Hospice Alliance** in December 2016.

I have spent close to 25 years working in leadership roles in New Zealand Hospices. Each

Hospice and community has unique qualities and I truly value the tranquil, purpose fitted environment which **Hibiscus House** provides for patients, families, staff and volunteers.

This building is a wonderful testament to the group of very committed community members who planned and fundraised for it over a decade ago.

It is the people who work here who make the greatest difference. We have a passionate and skilled team who have really excelled themselves in the last 12 months and have provided a great deal more care in both the **community** and in our **In Patient Unit** than the year prior. There has been a significant increase in accepted referrals from 213 in 2015/16 to 280 in 2016/17 (**31% increase**). A total of 323 patients were cared for compared to 279 last year (**16% increase**) and the number of people with non cancer illnesses **increased from 23% to 41%**. The number of people admitted to our **In Patient Unit** also increased from 165 to 196, reflecting a **19% upwards shift**.

**Hibiscus Hospice** is a charity and we are so fortunate to receive practical and financial assistance through very generous people in our community. An army of wonderful volunteers assist us, not only by helping us support patients directly, but also by raising funds via fundraising activities and in our **Hospice Shops**. Their efforts have **raised over \$2.7 million** in the last 12 months alone. This is an incredible result which demonstrates the high level of appreciation local people hold for their **Hospice**.

**Thank you for allowing me to be part of a community which does so much to ensure people matter at the end of life and helps them live as well and meaningfully as possible until the day they die.**

**Jan Nichols**

thanks  
for your  
support



## Car Lottery Hits 5th Gear

*This years Car Lottery was a fantastic success, with a dedicated team of volunteers and staff driving ticket sales throughout this amazing community*

**The lottery raised a whopping \$48,722 for Hibiscus Hospice!**

Volunteers attended 22 local events and venues, clocking up 242 volunteer hours selling lottery tickets in support of the **In Patient Unit**.

The lucky winner of the 2017 Hibiscus Hospice Car Lottery was **Catherine Daly** of Stanmore Bay – she was delighted to win a brand new **Ford Fiesta Trend**



**Thanks to our volunteers, supporters & North Harbour Ford for helping make the lottery a success**

Headed by *Fundraising and Marketing Manager Clare Bridle*, the Hospice team were pleased with the results. **"We had such an amazing response from the members of our community"** says Clare, **"we only sold tickets locally and the funds raised go to our local Hospice. We were so pleased that the winner is a local, and we are looking forward to seeing her driving around in her new car"**.





# Community Roundup



A huge thanks to everyone who came along to our **Hibiscus Hospice Golf Tournament**. We had a fantastic day out on the green. A huge thank you to our Gold Sponsors: **North Harbour Ford and Mazda, Cabra Developments, Helensville Golf Club and Hibiscus Funeral Services**, plus the local businesses who supported this amazing event, and organiser Mike Grunsell – all who helped us raise a fantastic **\$16,500!!**



This evening was organised by **Rotary Satellite Club of Orewa-Millwater** – and promised great food, great wine and great opa – and it didn't fail to deliver. The event had an international flavour with silent auctions, fantastic raffle prizes and loads of entertainment – best of all the event raised **over \$7,000 – OPA!**



This years **Legends Best of British** event was so popular – **it sold out!** The entertainment, headed by Gary Brown of **Stage 51** was top notch, with cover artists the **Bee Gees, Joe Cocker and Freddie Mercury** belting out timeless classics. We received generous donations from local businesses

who provided many items for the silent auction, **and raised a total of almost \$14,000**. We would like to thank our sponsors, **Hibiscus and Bays Local Board, New World Orewa and Faithfull Funeral Services** for their contributions. **More photos and videos have been posted on our Facebook Page – check it out!**



## A very lovely Luncheon

We were so lucky to be chosen by **Raewyn Wootton** (pictured left with **Allie Downing**) as her charity of choice for her annual **Fundraising Luncheon**. Close to 100 people sat down to a fabulous lunch at **Maygrove Village** (who also donated \$5 for every guest attending). Guests enjoyed a fabulous selection of raffles and a very exciting auction. The **event raised \$3,562 for Hibiscus Hospice**. An outstanding result! **Thanks to Raewyn and all the local businesses who made this event a success.**



The Annual **Orewa Book Fair** was a fantastic success and had bookworms eagerly restocking their bookshelves with new treasures. The event was organised with the team at **Orewa Rotary Club** and a large group of volunteers. **We couldn't have put on this event without the help of our local supporters who donated hundreds of books and helped raise \$9,550.**

## Hibiscus Hospice Art Exhibition & Sale

With 412 artworks on show from 79 amazing artists, the **Hibiscus Hospice Art Exhibition & Sale** had another record year. The event was once again organised by the **Hospice Women's Committee** – a team of dedicated ladies who put so much time and effort into these events. **We are so grateful to them, and those who attended and helped us raise over \$30,000!**





# Community Roundup

## In Safe Hands

*We had a challenge on our hands – we needed secure storage for the hundreds of ticket stubs we collected during the Car Lottery, to ensure that every ticket bought had the chance to be pulled out of the barrel.*

**Challenger Safes** put their hands up to help. They donated a heavy duty reconditioned safe for us, all programmed and ready to go. As an added bonus, the fantastic team at **Safe Haulage** delivered the one tonne safe to us **free of charge!**

**A huge thanks to both companies for the very welcome helping hand.**

Tex Tilby from **Safe Haulage** &  
Matt Merryman from **Challenger Safes**



Blue 1941 Ford Pickup (& owner Graham Clough), Jane Finch & Lyn Thomas from Hibiscus Hospice fundraising department, Peter Weitz with his 1928 Ford Roadster.

## East Bay Rods PUT ON A SHOW

The members of **East Bay Rods** put on a **Hot Rod Display** on Sunday 9 April at Silverdale Centre carpark. There were over 70 classic cars on display, and with the help of sponsor **Classic Cover Insurance**, friends of the club and car crazy locals, a huge **\$12,450 was raised**, with an **extra \$1,300** in gold coin donations collected on the day. The cheque was delivered to **Hibiscus Hospice** staff in a classic way – with two of the club members in their Fords.

**A huge thank you to the team!**



This time last year we had a visit from Jade Brown of Fulton Hogan. Jade had created a Touch Rugby Tournament made up of staff members and sub contractors that raised a huge \$1,582. She promised that she would come back and visit us in a year with a bigger cheque. A year later, along with Ian McDonald from Fulton Hogan, Jade handed over a cheque for \$2,500! A huge thanks to Jade and the team at Fulton Hogan – without you, we couldn't do what we do.



# Community Roundup

## GOOD — in the — HOOD

Thanks to strong local support, Hibiscus Hospice was presented with a cheque for \$1,848

We were lucky to be chosen again as a recipient of **Good in the Hood** – this year at **Z Manly**. The campaign is a community funding programme that awards more than a million dollars to around 800 Kiwi groups for doing good for people or the environment in the area around every **Z Service Station**.

During May customers voted for how the funding should be split between the 56 local groups supported at **Z Stations** in North Shore and Rodney.



## Mid Winter Swim



**Arkles Bay locals** braved the chilly seas on a crisp winters day to raise funds and awareness for **Hibiscus Hospice**. The locals were a hardy bunch and dressed up for the event, there was even a mini superman in attendance. **The event raised \$300 and there are plans next year to create a bigger and better event.**

thanks  
for your  
support



## Recent Grants gratefully received from:



Pelorus Trust



Pub Charity



Hibiscus & Bays  
Local Board



The Reed Charitable Trust



Community Organisation  
Grants Scheme



NZ Community Trust

– Auckland Council





## A Word from our Chairman

# Bill Grieve

*As mentioned in last year's report, I took over as the Chief Executive of Hibiscus in November 2015 and apart from getting a very good insight into the complexities of managing our Hospice, I realised that without significant change, the survival of our Hospice was at risk. Not because of the financial pressures, but due to our lack of scale and the rising vulnerability to securing scarce skilled resources, in our case clinicians. Our closer relationship with North Shore Hospice has developed through our Alliance initiative, with Jan Nichols taking over as CEO in December 2016. This has resulted in rapid progress and success in many areas that Jan is reporting separately. Of particular note, we report a small profit in this year's financial results, the first in my tenure as Chair. This is a direct consequence arising from the lower costs through the Alliance, a matter of great satisfaction to me.*

Progress at the governance level has been that both Boards have formalised the formation of the

alliance. The objective now is to bring North Shore, Hibiscus and Warkworth Wellsford Hospices under a single coordinated structure. We are currently consulting with our key stakeholders (staff, volunteers, supporters and the Health Board) to fine tune this and to ensure we properly reflect our communities' wishes.

The Alliance purpose is to provide the highest standards of patient care to the greater Eastern North Shore area that stretches from Devonport to Te Hana. At the same time it will strengthen and preserve the communities' interest in the wellbeing of their hospice through the better use of resources: staff, volunteers, facilities and finance, in the support of our patient services. In this the funds raised by the community will remain identified and within the community, scarce clinical and medical staff will work across the area, resulting in more focussed specialist palliative care and reach than individually would have been possible.

The hospice movement, in common with the health system, faces huge challenges from population growth (ours is amongst the highest in NZ), the ageing of people makes palliative care needs more complex and over a longer term. The need to

attract and retain scarce specialist staff continues to be a challenge, although we have been fortunate to secure the services of Prof Rod MacLeod as our Palliative Specialist that has brought a focus and stability that has been so lacking of recent years.

*I thank Jan and our Senior Management Team for a very successful year that despite all its change and challenge, has been very successful, with higher standards of patient care, growing patient numbers and an outstanding audit report from WDHB.*

I mentioned in last year's report Lady Rhyl Jansen's decision to step down as a Trustee which she did in January. I also mentioned Paul Baldwin's expectation to do so last year, in the event Paul's health has held up and he continues to play a leading role in our governance development in the Alliance. Carmel Conaghan has assumed the Deputy Chair role and is a tower of strength to me. We also welcomed Gill Cossey and Edward Lyons as Trustees at last year's AGM, so our Board is at full complement and actively engaged in the decisions required for the future.

*It has been a busy, fascinating and game changing year for our Hospice.*



## 10 minutes with... Brendon Sakey SOCIAL WORKER

**Tell us about your job – what do you do in a nutshell**

I am a Social Worker supporting hospice patients, their families and their care givers in the **In Patient Unit** and at home. The support I provide includes practical, social, emotional, cultural and spiritual care. This includes assisting patients and their carers to navigate and coordinate the services involved in their care and advance care planning. I also focus on stress management and self-care, which includes facilitating the **Relaxation & Self-Care Programme** at **Hospice**

**What is the most rewarding part of your job**

Seeing patients comfortable & feeling cared for. Being alongside families as they work together to care for their loved ones

**What are your top relaxation tips**

**What myths would you like to bust about Hospice**

Hospice is not just about death and dying. It's about quality of life and living each day while finding peace and acceptance

- Breathe deeply, slowly and mindfully
- Take periods throughout your day for stillness and quiet
- Develop a daily relaxation or meditation practice
- Listen to your body





# Upcoming Events

## Noel Crawley memorial Jazz/Swing Concert

*This much-anticipated annual jazz/swing concert returns to the Centrestage Theatre.*

### THIS YEAR THE LINE-UP FEATURES:

Maggie Gould, Nanny Assis, Mike Walker Trio, Ray Woolf, Maria O'Flaherty & Ben Fernandez Quartet, Billy Kristian and the Orewa College Jazz Band

**DATE:** Wednesday 11 October

**TIME:** 7.30pm

**TICKETS:** \$40 per person

**VENUE:** Centrestage Theatre  
60 Centreway Rd, Orewa

**TICKETS & INFO:** [www.hibiscushospice.org.nz](http://www.hibiscushospice.org.nz)



*Meet the Authors*

Join us to hear a group of celebrated New Zealand authors share stories, talk about their writing and read passages from their books. This will be an entertaining afternoon, packed with lively speakers covering a wide spectrum of books. **There will be book sales and signings, a sumptuous high tea and a question & answer session.**

*This years featured authors are: Prof Rod MacLeod, Karen Hay, Ann Glamuzina, Gordon McLauchlan, Chrissy Metge & Justin Brown*

**DATE:** Sunday 29 October

**TIME:** 2pm – 5pm

**TICKETS:** \$25 per person

**VENUE:** Whangaparaoa College Auditorium

**TICKETS & INFO:** [www.hibiscushospice.org.nz](http://www.hibiscushospice.org.nz)

G.J. Gardner. HOMES

## Orewa Beach Series



Hibiscus Hospice are proud to be the charity partner of the **G.J. Gardner Homes Orewa Beach Series.**

The event encourages locals to keep fit and have fun. Competitors can enter 1 event or all 14 events or any number in between. They can take part in

either the Run, Ocean Swim or Stand Up Paddle event options, with various distances for each discipline. Last year competitors ranged from 3 years old to 80+. This great family event is participation based, but also perfect for those with a competitive streak.

A contribution from each series entry is being donated to hospice.

**The first event is on Saturday 18 November, then every Thursday evening until Thursday 8th March. Orewa Beach.**  
**To learn more:** [www.beachseries.co.nz](http://www.beachseries.co.nz)



# You're fit & healthy so why make a Will?

It's easy to think while you're fit and healthy that there's no need to have a Will or you'll get around to it 'one day'. But when the time comes that a Will is needed, there may be no warning or it could add stress to an already traumatic time.

At **Hibiscus Hospice** we have been working with **Nola McGowan of Vlatkovich and McGowan** to encourage people to make a Will through "**Exercise Your Free Will**" programme. With the inclusion of a Gift in Will (bequest) to **Hibiscus Hospice**, Nola will draw up, free of charge, a simple/basic Will or amend your existing Will.

Living locally, Nola is well known for her work in the community, in particular with **Hibiscus Hospice Charitable Trust**, where she herself has chosen to leave a **Gift in Will** and has acted as our Solicitor since its inception.

She says "I really encourage the community to support the "**Exercise Your Free Will**" campaign. If you have ever been in the position where you needed **Hospice** help for your family then you will know what a truly worthy organisation they are. For myself, when Dad was dying the **Hospice** was my godsend. I applaud the **Hospice**, they make such a difference. I remember one night a **Hospice** person came to sit with Dad

through the night so I could get some sleep. Now I believe that we as a community need to make sure the future of our **Hospice** is going to be protected."

Allie Downing, **Planned Giving Coordinator** says "We are lucky to receive government funding but this covers less than half of annual running costs, so donations like **Gifts in Will** are paramount – they ensure that those suffering from a terminal illness in our community, whether a family member, neighbour or friend will continue to be given the specialist care they deserve, not just for their medical needs but for their emotional, social and spiritual as well.

I consider those who leave a **Gift in Will** (bequest) to be the "**guardians of our future**".

If you'd like to make sure your wishes are carried out in event of your death and at the same time help preserve local Hospice services then contact Allie Downing on 09 421 9180 or email [allie.downing@hibiscushospice.org.nz](mailto:allie.downing@hibiscushospice.org.nz) before 14th October 2017 to receive a voucher for your Free Will





# MEDICAL UPDATE from Prof Rod MacLeod

# Corneal Transplantation

From time to time the patients we care for wish to donate organs as a way of helping others have a better quality of life, a gift that will continue giving after the patient has died. Often though, hospice patients assume – particularly when they have a cancer diagnosis, that this is no longer possible.

Of course, age and medical condition are determining factors as to which organs and tissues are viable and can be used, but there are very few medical conditions which prevent a person from being able to donate any organs or tissues.

**Corneal donation** is a great but often unknown option for those dying from cancer. Eye tissue (corneas and sclera) can be used to restore sight or repair eyes – for somebody with a visual impairment or blindness, the gift of sight is an incredible, life changing gift. In 2016, 28 New Zealanders received transplants from donations of eye tissue.\*



The nature of hospice care enables the opportunity for families to openly discuss whether or not they wish to donate organs. These conversations can take the burden off the family, wondering what the patient wants.

We have information available at hospice for families who would like to consider donating organs and our medical staff are available to discuss options.

These donations offer valuable second chances and can dramatically change lives as well as a positive experience for patients and their families.

\*Organ Donation New Zealand Annual Report



Professor Rod MacLeod

## Yes! I want to support the work Hibiscus Hospice does



☐ I wish to make a donation of \$ \_\_\_\_\_

☐ I enclose cash/cheque payable to **Hibiscus Hospice**

☐ **OR** debit my credit card Visa/Mastercard

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Expiry date \_\_\_\_ / \_\_\_\_ Card holders name \_\_\_\_\_ Signature \_\_\_\_\_

### MY DETAILS:

Title \_\_\_\_\_ First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Organisation (if gift is from an organisation) \_\_\_\_\_

Address \_\_\_\_\_

Suburb \_\_\_\_\_ City/region \_\_\_\_\_ Postcode \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**PLEASE SEND TO HIBISCUS HOSPICE (DETAILS BELOW)**

**Mailing address:** PO Box 66 Whangaparaoa 0943.  
2a John Dee Crescent, Red Beach, Whangaparaoa 0932  
Email: [contactus@hibiscushospice.org.nz](mailto:contactus@hibiscushospice.org.nz)

TELEPHONE 09 421 9180 [www.hibiscushospice.org.nz](http://www.hibiscushospice.org.nz)

[facebook.com/hibiscushospice](https://facebook.com/hibiscushospice)

